

CORONAVIRUS (COVID-19): INFORMATION FOR GOVERNING BOARDS

SUPPORTING SCHOOLS TO DEAL WITH BEREAVEMENT

Appendix: additional resources to support bereavement in schools

ORGANISATIONS OFFERING SUPPORT

Winston's Wish <https://www.winstonswish.org>

Support for children after the death of a parent or sibling. Includes materials for professionals and schools. Policy and strategy templates including focus areas such as SEND, Armed Forces, Suicide, Homicide

National Helpline offering guidance, information and support to anyone caring for a bereaved child, including professionals and family members

Childhood Bereavement Network <http://www.childhoodbereavementnetwork.org.uk>

A network of child bereavement services including some training resources

Not Too Young to Grieve is a film created with Childhood Bereavement Network and explores how very young people respond to loss

<https://www.leedsanimation.org.uk/films/15>

Cruse UK <https://www.cruse.org.uk>

A national network of support and helpline for those bereaved. Also has a wide range of resources for schools and a helpline for professionals and loved ones

Hopeagain <https://www.hopeagain.org.uk>

For Young People by Young People offering hope in grief and loss (part of Cruse UK)

Childbereavement UK <https://www.childbereavementuk.org>

Helpline for families who have lost a child. Also has a helpline and live chat via the website. There are some excellent reading list suggestions at this link:

<https://www.childbereavementuk.org/resources-for-adults-supporting-bereaved-children-and-young-people>

The Compassionate Friends <https://www.tcf.org.uk>

Support for families who have lost a child – parents, grandparents and siblings. Helpline, support groups and online resources. Good examples of what to say/not to say if supporting someone

Gingerbread <https://www.gingerbread.org.uk>

Specialist support for single parents including advice on bereavements, what to expect from your workplace and accessing benefits

Widowed and Young (WAY) <https://www.widowedandyoung.org.uk>

Support for those bereaved of a spouse at a young age

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Griefencounter <http://www.griefencounter.org.uk>

Online and helpline support for those bereaved

The Good Grief Trust <https://www.thegoodgrieftrust.org>

A hub with resources for those who are bereaved or those who want to help a friend but are not sure how to do it. Pop-up Grief Cafes are being supported online during the current lockdown

Sands <https://www.sands.org.uk>

0808 164 3332

Information and support for anyone affected by the death of a baby

Survivors of Bereavement by Suicide (SOBS) <https://uksobs.org>

0300 111 5065

Emotional and practical support and local groups for anyone bereaved or affected by suicide

ACAS <https://www.acas.org.uk>

Advice for employers on supporting bereaved employees

Finance/Support for family <https://www.citizensadvice.org.uk>

Links to advice on how to access government support and the practicalities of administration around a death

MENTAL HEALTH AND WELLBEING

Education Support <https://www.educationsupport.org.uk>

Free counselling service for those in the education sector

NHS <https://www.nhs.uk/conditions/coronavirus-covid-19>

Anna Freud Centre <https://www.annafreud.org/what-we-do/schools-in-mind>

Wide range of materials to support professionals working with young people

Heads Together <https://www.headstogether.org.uk/programmes/mentally-healthy-schools>

Good range of resources for schools to use from well-known charities

Place2Be <https://www.place2be.org.uk>

Good resources for supporting children who might be especially vulnerable during COVID-19

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Mind <https://www.mind.org.uk/information-support/guides-to-support-and-services/berereavement/about-berereavement/>

Samaritans <https://www.samaritans.org>

116 123

jo@samaritans.org

24-hour emotional support for anyone who needs to talk

Papyrus Prevention of Young Suicide <https://www.papyrus-uk.org>

HOPELINEUK 0800 068 4141

pat@papyrusuk.org

Support for anyone who is thinking of suicide or for professionals, friends and family who want advice about someone they are worried about

Educare <https://www.educare.co.uk>

Dealing with Bereavement and Loss

Mental Health First Aid for Adults and for Youth (Two Day First Aider, One Day Champion and Half day Awareness courses)

LOCAL RESOURCES (to source individually)

MIRT

Local safeguarding board

Social Services

Public Health England

Local hospice

Local bereavement counselling